

Math 1 A/B

How to Learn Math

Lesson 2: Math and Mindset

Name: _____

Date: _____

Period: _____

“Mindset”

Which of these behaviors would help someone learn math?

Choose as many as you like.

- Deciding you are just no good at math when you encounter difficulties.
- Getting a low test grade and being determined to do better next time.
- When something is hard, keep going and "think outside the box."
- When something is hard, decide you are just not a "math person."

“Messages about Math”

Why do you think that when students were praised for being smart they then chose the easy problem?

“Messages about You”

What are some important things you learned today that everyone your age should know? Write a paragraph, please.